The Formentera Council's office of tourism unveils the newest edition of “Discover Formentera in October”.

It's the return of the twice yearly campaign of special discounts and deals to draw travellers at season's end (and beginning), serving up serious discounts on ferries, rental cars and lodging. For up-to-date info visit www.formentera.es .

Tourism secretary Alejandra Ferrer encouraged tourists to come get to know Formentera after high season. “The weather is still nice”, said Ferrer, “and visitors in October have a jam-packed —if slightly laid back— programme of culture and sports to look forward to”.

In 2018 two transport companies, Trasmapi and Mediterranea Pitiusa, are taking part in the “Discover Formentera” push, giving travellers 25% to 35% discounts on tickets. Fifteen local lodgings will slash prices by up to 40% and five car-hire agencies as well as two diving centres are joining the drive.

**Gastronomic weekends**

The two first weekends in October (5, 6 & 7 / 12, 13 & 14), a host of local restaurants will serve gastronomic sampling menus of typical fare for €20 (drinks not included).

Seven Formentera restaurants will offer sampling menus specially designed for the occasion. Some focus on time-honoured dishes and others go for fresh twists and rebooted versions of old classics, very often with exclusive, creative takes at affordable prices.

For details visit: http://bit.ly/2MIru9P

**SONEGPosidònia**

October 12-14 Formentera welcomes Son Estrella Galicia Posidònia, a 360º experience in gastronomy, music, nature and heritage.

Music: Lineup (as yet under wraps) of alternative artists performing acoustic and electronic sets.
Gastronomy: Formentera restaurants do gastronomy with the help of a Galicia-based, Michelin-starred pro chef.
Nature: Local guide takes participants to some of Formentera's signature spots, with stops in between to hear local artists perform unplugged.

For details visit: http://bit.ly/2MOiWOK

**Save Posidonia Forum**

Fresh off the success of the Save Posidonia Festival in 2017, this year it's the Forum. October 19 will see participation of biologists and NGOs like Greenpeace, Oceana and WWF.

For details visit: https://www.saveposidoniaproject.org/

October 12-14 it's the fourth Formentera ZEN, a competition with three full days devoted to health and wellness, both physical and emotional. Mindfulness, an organic food expo, yoga, dissemination, training and much more. For info and details about how to sign up, visit http://formenterazen.es/?lang=ca

October 11-12 it's La Mola's Festes del Pilar, an event with live music, traditional dance, kids' activities and a festive procession.

La Mola and Sant Ferran's craft and artistic markets will remain open, too.

**Sporting events**

October 6 will feature two events: the Formentera Triathlon and the Formentera Sprint. www.triatlonformentera.com

October 12, get ready for the 22nd Pujada de La Mola and a “bike ride round the island”, Volta Cicloturista a Formentera October 26-28. www.unisportconsulting.com/formenterabttrace

The Amics de Formentera group have put together the Volta a Peu, a “walk round the island”, for groups and in stages, this October 11 to 14. To see the programme and register, visit: http://amicsdeformentera.cat/